

Course	Level	Hours
Introduction to child development	2	5
Introduction to attachment and brain development	2	5
Introduction to child protection	2	5
Introduction to communicating with children and young people	2	5
Introduction to promoting secure attachment: Brain development and	2	5
positive parenting		
Introduction to understanding trauma	2	5
Adolescence	3	10
Attachment and brain development	3	10
Behaviour and physical environment	3	10
Brain development and positive parenting	3	10
Building Resilience	3	10
Child development	3	10
Communicating with children and young people	3	10
Community resilience and lifelong brain development: Five to Thrive	3	10
as a model, an approach and a framework for promoting connected		
relationships		
Domestic Violence	3	10
Emotion coaching	3	10
Foetal exposure to alcohol	3	10
Narrative work	3	10
Parental mental health issues	3	10
Safer caring	3	10
Secondary trauma	3	10
Self harming behaviours	3	10
Self Harming Behaviours: Children and Young People who misuse	3	10
substances.		
Self Harming Behaviours: Eating disorders	3	10
Self Harming Behaviours: Self injuring and self sabotaging behaviours.	3	10
Sexualised behaviour: Issues in foster care	3	10
Transitions and vulnerability	3	10
Understanding trauma	3	10

Courses are free to all adopters in Mid & West Wales

If you are interested in completing a course please contact us via email □ adoptiontraining@carmarthenshire.gov.uk